

2010 State Profile — Minnesota

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Minnesota, 308 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 15,001 clients in substance abuse treatment on March 31, 2010. The survey response rate in Minnesota was 97.2%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	154	50.0	5,765	38.4	437	53.4
Private for-profit	123	39.9	7,273	48.5	301	36.8
Local, county, or community government	6	1.9	90	0.6	14	1.7
State government	6	1.9	328	2.2	19	2.3
Federal government	2	0.6	1,163	7.8	0	0.0
Dept. of Veterans Affairs	2	0.6	1,163	7.8	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	17	5.5	382	2.5	48	5.9
Total	308	100.0	15,001	100.0	819	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	221	71.8	10,672	71.1	609	74.4
Mental health services	6	1.9	250	1.7	64	7.8
Mix of mental health & substance abuse treatment services	76	24.7	3,975	26.5	146	17.8
General health care	3	1.0	40	0.3	0	0.0
Other/unknown	2	0.6	64	0.4	0	0.0
Total	308	100.0	15,001	100.0	819	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	284	94.0	7,057	47.0	163
Clients with drug abuse only	203	67.2	4,560	30.4	110
Clients with alcohol abuse only	235	77.8	3,384	22.6	81
Total²	302		15,001	100.0	354

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	224	72.7
Contingency management/motivational incentives	193	62.7
Trauma-related counseling	178	57.8
Rational emotive behavioral therapy	190	61.7
Matrix model	186	60.4
Community reinforcement plus vouchers	46	14.9
Other treatment approaches	60	19.5

Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	119	5
Number of clients ²	2,971	66
Number of designated beds	3,546	87
Utilization rate (%)	83.8	75.9
No. of designated beds/facility (avg.)	30	17

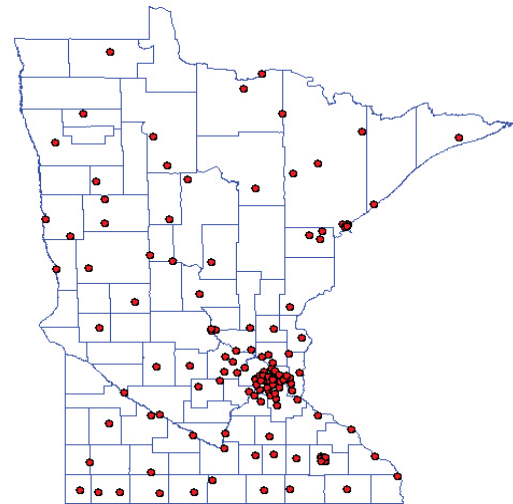
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	244	79.2
Co-occurring disorders	130	42.2
Adult women	90	29.2
Adolescents	79	25.6
DUI/DWI offenders	82	26.6
Criminal justice clients	53	17.2
Adult men	82	26.6
Pregnant or postpartum women	35	11.4
Persons with HIV or AIDS	20	6.5
Seniors or older adults	20	6.5
Lesbian, gay, bisexual, or transgender clients	22	7.1
Other groups	36	11.7

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	63	20.5
Any language other than English	69	22.4
Services Provided by:		
On-call interpreter	46	66.7
Staff counselor	14	20.3
Both staff counselor and on-call interpreter	9	13.0
Languages Provided by Staff Counselor:¹		
Spanish	16	69.6
American Indian/Alaska Native	2	8.7
Other	11	47.8

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities




Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>