## 2010 State Profile — Minnesota National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <u>http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf</u>

In Minnesota, 308 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 15,001 clients in substance abuse treatment on March 31, 2010. The survey response rate in Minnesota was 97.2%.

## **Facility Operation**

		1	Clients in Treatment on March 31, 2010				
	Facilities		All Clien	ts	Clients Under Age 18		
	No.	%	No.	%	No.	%	
Private non-profit	154	50.0	5,765	38.4	437	53.4	
Private for-profit	123	39.9	7,273	48.5	301	36.8	
Local, county, or community government	6	1.9	90	0.6	14	1.7	
State government	6	1.9	328	2.2	19	2.3	
Federal government	2	0.6	1,163	7.8	0	0.0	
Dept. of Veterans Affairs	2	0.6	1,163	7.8	0	0.0	
Dept. of Defense	0	0.0	0	0.0	0	0.0	
Indian Health Service	0	0.0	0	0.0	0	0.0	
Other	0	0.0	0	0.0	0	0.0	
Tribal government	17	5.5	382	2.5	48	5.9	
Total	308	100.0	15,001	100.0	819	100.0	

## **Primary Focus of Facility**

			Clients in Treatment on March 31, 2010				
	Facilitie	es	All Clier	nts	Clients Under Age 18		
	No.	%	No.	%	No.	%	
Substance abuse treatment services	221	71.8	10,672	71.1	609	74.4	
Mental health services	6	1.9	250	1.7	64	7.8	
Mix of mental health & substance abuse							
treatment services	76	24.7	3,975	26.5	146	17.8	
General health care	3	1.0	40	0.3	0	0.0	
Other/unknown	2	0.6	64	0.4	0	0.0	
Total	308	100.0	15,001	100.0	819	100.0	

## Substance Abuse Problem Treated

			Clients in T	t on March 31, 2010		
	Facilities <sup>1, 2, 3</sup>		Clients <sup>3</sup>		Clients per 100,000 Pop.	
	No.	%	No.	%	Aged 18 and Over	
Clients with both alcohol and drug abuse	284	94.0	7,057	47.0	163	
Clients with drug abuse only	203	67.2	4,560	30.4	110	
Clients with alcohol abuse only	235	77.8	3,384	22.6	81	
Total <sup>2</sup>	302		15,001	100.0	354	
<sup>1</sup> Facilities may be included in more than one ca	tegory.		<sup>3</sup> Sum of individu	al items n	nay not agree with the total due to round	ng.
<sup>2</sup> Facilities excluded because they were not						
asked or did not respond to this question:	6					

Type of Care			Cli	ents in Tre	atment on M	arch 31, 2010	
	Facilitie	s <sup>1</sup>		Il Clients		Clients Under	Aae 18
	No	%			Median No. of Clients Per Facility	No.	-
Outpatient	<u>No.</u> 246	<sup>70</sup> 79.9	<u>No.</u> 11,654	77.7	27	583	71.
Regular	240 207	67.2	4,257	28.4	13	565	11.
Intensive	169	54.9	3,433	20.4	13		
	59	54.9 19.2	3,433 433	22.9			
Day treatment/partial hospitalization Detoxification	59 17	5.5	433 68	2.9 0.5	8 5		
		5.5 4.2					
Methadone/buprenorphine	13		3,463	23.1	248	236	20.0
Residential (non-hospital)	124	40.3	<b>3,192</b>	21.3	17	230	28.8
Short term	78	25.3	1,330	8.9	14		
Long term	98	31.8	1,698	11.3	15		
Detoxification	23	7.5	164	1.1	8	•	
Hospital Inpatient	7	2.3	155	1.0	15	0	0.0
Treatment	4	1.3	100	0.7	10		
Detoxification	6	1.9	55	0.4	6		
Total	308		15,001	100.0	28	819	100.0
Opioid Treatment Programs (OTPs)	No.	% <sup>1</sup>	Facility Lice Accreditation	• •	oproval, Cei	rtification, or	
Facilities with OTPs	15	1.3				Facilities	
						No.	%
Clients in Facilities with OTPs			Any listed age			302	98.
Methadone	3,512	95.0	State substar			264	85.
Buprenorphine	185	5.0				59	19.2
Total	3,697	100.0	State departm			207	67.2
<sup>1</sup> Percentage of all OTP facilities that are in this State or j	urisdiction.		Hospital licen	-	ty	23	7.
			The Joint Cor	nmision		59	19.3
Facility Payment Options			CARF <sup>2</sup>			25	8.
	Facilitie	s <sup>1</sup>	NCQA <sup>3</sup>			2	0.0
	No.	%	COA <sup>4</sup>			5	1.0
Cash or self-payment	294	95.5	Other State/L	ocal Agency	y/Org	35	11.4
Private health insurance	286	92.9					
Medicare	82	26.6				gency/organization.	
Medicaid	123	39.9	<sup>2</sup> Commission or			n Facilities	
Other State-financed health insurance	267	86.7	<sup>3</sup> National Comm		ty Assurance		
Federal military insurance	117	38.0	<sup>4</sup> Council on Acc	reditation			
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A	Facility Fun	dina			
No payment accepted	1	0.3	r aonity r an	lang		Facilities	5
Accepts other payments	4	1.3				No.	0
Sliding fee scale Treatment at no charge for clients who	87	28.2	Receives Fe or local gove	ernment fun	ds for		
cannot pay	82	26.6	substance a programs	buse treatm	ient	160	51.
<sup>1</sup> Facilities may accept more than one type of payment.							
<sup>2</sup> Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, IE LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, V applicable (N/A) in other areas.							

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Turner of Services Offered	Faciliti	
Types of Services Offered Assessment and Pre-Treatment Services	<u>No.</u> 301	% 97.3
Screening for substance abuse	281	91.2
Screening for mental health disorders	156	50.
Comprehensive substance abuse assessment/diagnosis	293	95.
Comprehensive mental health assessment/diagnosis	93	30.
Outreach to persons in the community who may need treatment	147	47.
Interim services for clients when immediate admission is not possible	79	25.
Testing	281	91.:
Breathalyzer/blood alcohol testing	217	70.
Drug or alcohol urine screening	277	89.
Screening for Hepatitis B	38	12.
Screening for Hepatitis C	38	12.
HIV testing	40	13.
STD testing	31	10.
TB screening	79	25.
Counseling	307	99.
Individual counseling	299	97.
Group counseling	297	96.4
Family counseling	264	85.
Marital/couples counseling	146	47.
Transitional Services	304	98.
Discharge planning	301	97.
Aftercare/continuing care	279	90.
Pharmocotherapies	106	34.4
Antabuse®	44	14.3
Naltrexone	49	15.
Campral®	48	15.
Nicotine replacement	64	20.
Smoking cessation medications (non-nicotine)	39	12.
Medications for psychiatric disorders	72	23.4
Methadone	23	23.
Buprenorphine	23 51	16.0
Subutex®	25	8.
Suboxone®	25 51	
		16. <b>99.</b>
Ancillary Services	305	
Case management services	254	82.
Social skills development	220	71.4
Mentoring/peer support	186	60.4
Child care for clients' children	19	6.2
Assistance with obtaining social services	175	56.
Employment counseling or training for clients	96	31.
Assistance in locating housing for clients	145	47.
Domestic violencefamily or partner violence	90	29.3
Early intervention for HIV	55	17.
HIV or AIDS education, counseling, or support	210	68.
Hepatitis education, counseling, or support	160	51.
Health education other than HIV/AIDS or hepatitis	192	62.
Substance abuse education	297	96.
Transportation assistance to treatment	126	40.
Mental health services	146	47.
Acupuncture	14	4.
Residential beds for clients' children	9	2.
Self-help groups	202	65.
Smoking cessation program	49	15.9
	Faciliti	
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	No.	C
Substance abuse counseling	303	98.
Relapse prevention	305	99.
Cognitive-behavioral therapy	289	93.
12-step facilitation	273	88.
Motivational interviewing	280	90.9
Anger management	229	74.

	Facilities		
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%	
Brief intervention	224	72.7	
Contingency management/motivational incentives	193	62.7	
Trauma-related counseling	178	57.8	
Rational emotive behavioral therapy	190	61.7	
Matrix model	186	60.4	
Community reinforcement plus vouchers	46	14.9	
Other treatment approaches	60	19.5	

Facility Capacity and Utilization Rate<sup>1</sup>

		Hospital	Programs for Special Groups		
	Residential	Inpatient		Faciliti	es
Number of facilities	119	5		No.	%
Number of clients <sup>2</sup>	2,971	66	Any program or group	244	79.2
Number of designated beds	3,546	87	Co-occurring disorders	130	42.2
Utilization rate (%)	83.8	75.9	Adult women	90	29.2
No. of designated beds/facility (avg.)	30	17	Adolescents	79	25.6
			DUI/DWI offenders	82	26.6
			Criminal justice clients	53	17.2
			Adult men	82	26.6
<sup>1</sup> Excludes facilities not reporting both client counts	and number of he	do focilition	Pregnant or postpartum women	35	11.4
whose client counts were reported by another facility			Persons with HIV or AIDS	20	6.5
counts from other facilities, and facilities that did not			Seniors or older adults	20	6.5
<sup>2</sup> Number of clients on March 31, 2010.			Lesbian, gay, bisexual, or		
			transgender clients	22	7.1
Services in Sign Language for the I		aired	Other groups	36	11.7
and in Languages Other than Engli	sh				
	Facilit	ies			
	No.	%	Location of Treatment Facilities		

